



Lee Valley Regional Park Dog Activity Trail

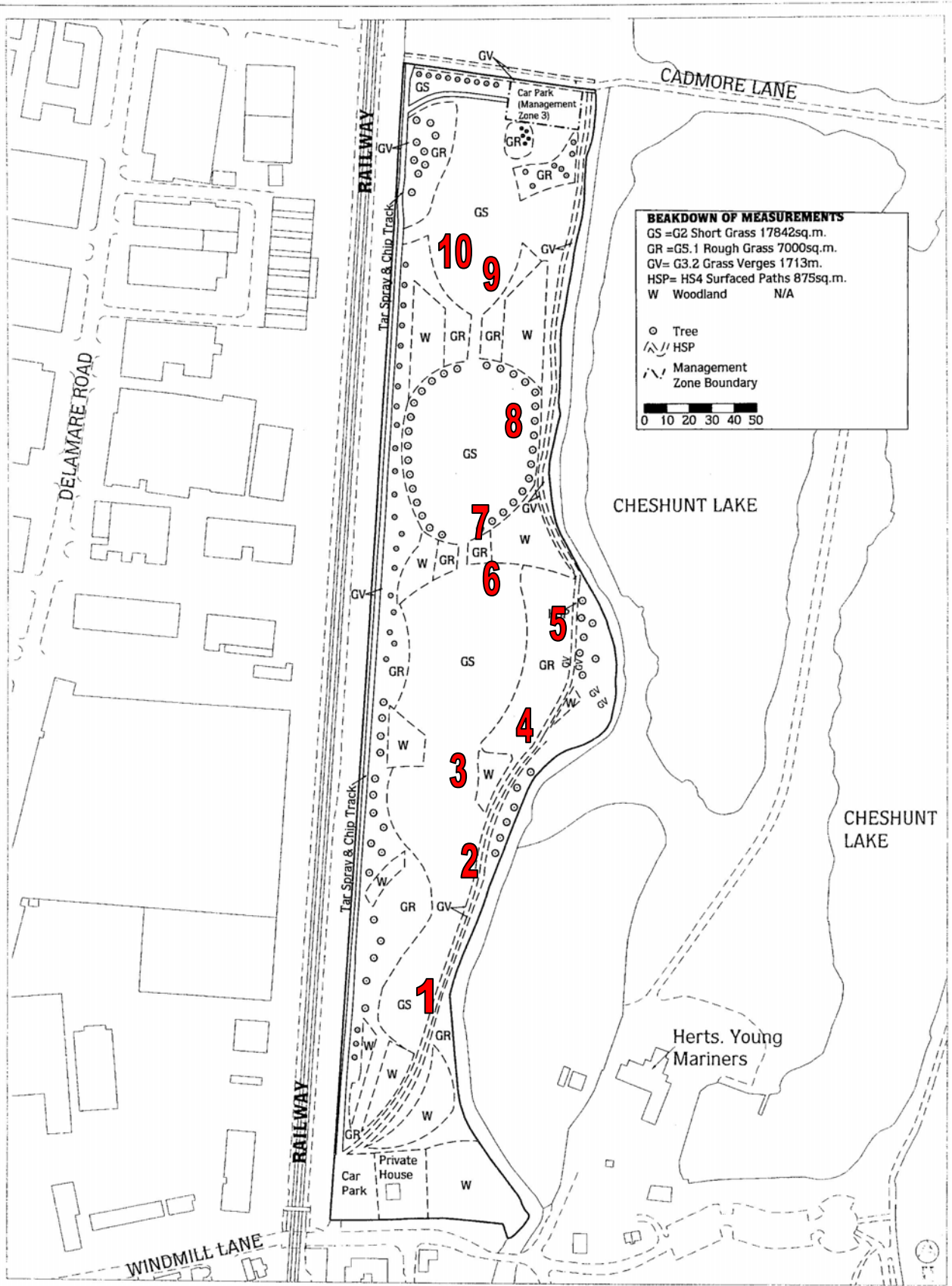


Aim - A permanent agility course designed to provide a visitor attraction whilst ensuring it is in keeping with the landscape. The course uses as natural materials as possible and is aimed at dogs of varying sizes.

1	Jumps The first and last jumps are a series of three wooden jumps at two different heights.	Height - 500mm & 250mm Width - 2.4m Length - 5m between jumps 10m over all
2	Weave The weave is made of 12 posts which are concreted in place.	Height - 900mm Length - 600mm between posts 6m over all
3	Tunnel A metal framed tunnel clad in wooden half rounds.	Height inside - 750mm Width inside - 750mm Length - 3m
4	'A' Frame A gradual 30 degree sloping wooden 'A' frame made up of a frame and half round cross slats to provide extra grip.	Height - 1m Width - 1m Length - 3.3m
5	Hoops Two octagonal wooden hoops side by side at different levels with a metal frame and wood clad.	Height - 1m Width - 2m Height at bottom of hoops- 500mm & 250mm
6	Long Jump A series of four round posts fixed horizontally a few inches apart to sleepers set in the ground with the first two double length to allow a shorter length jump.	Height - 100mm Width - 2.4m Length - 1m & 500mm
7	Table Top A two tier table will be erected out of plank timber top and boxed out in half rounds.	Height - 500mm & 250mm Width - 1m Length - 2m
8	Dog Walk A raised plank timber walkway with a wooden ramp made of half rounds at either end.	Height - 250mm Width - 440mm Length - 6m
9	Box Jump Wooden jumps set in a box shape at two different heights.	Height - 500mm & 250mm Width - 6m Length - 6m
10	Jumps The first and last jumps are a series of three wooden jumps at two different heights.	Height - 500mm & 250mm Width - 2.4m Length - 5m between jumps, 10m over all

Materials For the jumps, box jump, long jump and weave, all of which were put in by rangers and volunteers.	£260
Contractor Who built the tunnel, 'A'frame, hoops, table top and dog walk.	£2480
Signage For the panels, art work and signage header boards.	£2300
Total	£5060

Locations



BEAKDOWN OF MEASUREMENTS
 GS = G2 Short Grass 17842sq.m.
 GR = G5.1 Rough Grass 7000sq.m.
 GV = G3.2 Grass Verges 1713m.
 HSP = HS4 Surfaced Paths 875sq.m.
 W Woodland N/A

○ Tree
 --- HSP
 --- Management Zone Boundary

0 10 20 30 40 50

Lee Valley Park
 Lee Valley Regional Park Authority
 Park Development:
 Myddelton House, Bulls Cross,
 Enfield, Middlesex, EN2 9HG.
 Tel. 01992 717711 Fax. 01992 788623

TITLE Cheshunt Country Walk : Management Zones 1 and 4.

DRAWN BY AAB
 DATE February 2001
 SCALE See Scale Bar

MAP REF : CCW/GM/CN/4380/01&04

© Crown Copyright Reserved Licence Number : LA 009111



Obstacles

1. Jumps



2. Weave



3. Tunnel



4. 'A' Frame



5. Hoops



6. Long Jump



7. Table Top



8. Dog Walk



9. Box Jump



10. Jumps



Jump in the box

Get your dog to jump over the hurdles into the middle – then back out again on the other side.

Try standing on the other side of the hurdle and call them.



Did you know?
Because of their ability to jump over obstacles, dogs were often used to carry messages between trenches in the First World War.

Why not give the other obstacles on the course a try?

Kindly reproduced with the permission of the Forestry Commission and The Kennel Club.

08456 770 600
www.leevalleypark.org.uk

Dog activity trail



Fun and fitness for your dog

Can your dog tunnel, weave, jump, balance and climb its way around the ten activities on this trail?

All these challenges can be found in the marked areas. They'll help keep your dog stimulated, fit and healthy. This trail is 550m long and will take about 30-45 minutes to complete depending on the ability of your dog.

Remember, this course is for your four legged friend and not their two legged owner, so please don't attempt these activities yourself!

The concept of the dog activity trails was developed by the Forestry Commission and The Kennel Club.

Forestry Commission England
0117 906 6000
www.forestry.gov.uk/england-dogs

The Kennel Club
0207 518 1020
www.thekennelclub.org.uk



Getting the most from the trail

- Don't overdo it. If your dog gets tired or starts to pant heavily, take a rest.
- Build up slowly and take it steady if you and your dog don't take regular exercise.
- If your dog is recovering from an injury or illness consult your vet before trying the trail.
- Watch out for snagging collars. Avoid check chains, pinch collars and slip leads when using the trail.
- Clean up after your dog. Pick up your dog's poo and put it in the bins provided.
- Check the activities before you use them. The site is checked daily but make sure there's no glass or sharp objects that could hurt your dog.

• Be aware. Keep your eyes open for other people and dogs using the site. Allow them space to enjoy the area as much as you.

Please make sure your dog is always under control.

The trail in use



